



## I'm bored - Boredom beater

WHAT'S BORING	HOW TO MAKE IT INTERESTING
Reading	<ul style="list-style-type: none"> <li>• Read out loud to someone</li> <li>• Read to a tape recorder</li> <li>• Take it in turns to read with someone.</li> <li>• Pretend you are a different person or cartoon character.</li> <li>• Find stuff to read on the computer, ask a friend what they read, borrow from your local library.</li> <li>• Make a video of you doing a dramatic reading where you act it all out at the same time.</li> <li>• Read comics, magazines, poetry, newspapers, maps, stamps, your friends stories,...there's gotta be something around that you will enjoy reading! [of course while you are looking for something to read you won't have time to be bored].</li> </ul>
Nothing to do at home	<p>Draw, write a story, poem or letter.</p> <p>Ring a friend or relative.</p> <p>Make something like a friendship band or a clay model.</p> <p>Help someone to do something, like the garden, or a tidy up, or cooking or....</p> <p>Join a club, sport group or help protect a creek; count frogs</p> <p>Go fishing, bike riding, surfing, walking, running or listen to music.</p>